



President's Report Carolyn Bernard

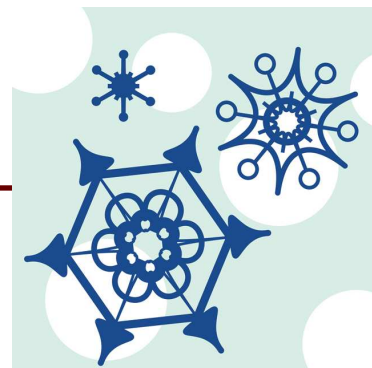
Autumn/Winter Greetings! I love starting a new school year! There is something special about the fresh beginning that comes each September to those of us who work in schools. I always start a new school year wanting to be more thorough, more competent, more balanced, more holistic, more appreciative, and especially more organized. Simultaneously, I want to be less overwhelmed, less negative, less task-oriented, less rigid, and less behind all the time. I want to start each day looking forward to going to my job and I want to end each day satisfied with the day's work I have done, knowing I have made a differ-

ence. Then, reality sets in. I know things have been extra busy with the new immunization requirements and the new mandates in HB 1. While things may be hectic, it is also an opportunity for us to bring awareness to the critical role of school nurses and the impact we have on students, schools and school districts.

The school year for COASN is off to a great start. We welcomed members from Southwestern City School to COASN for the first time. Thanks to Nancy Lynskey for her tireless efforts as chair of the Membership committee. Many thanks to Debra Judy for her

work on the fall CNE program and to Mary Lee Rippl and Chris McMahon for the festive decorations. The evening was a great success. Thanks also to all the Board and Committee members for their work in preparing for this year. You rock!

I encourage you to share the benefits of belonging to COASN with your colleagues. I would also like to encourage you to join NASN and OASN as they work hard to promote and validate the profession of school nursing, especially in the area of legislation and policy making. We are only as strong as our numbers.



I hope you enjoy the first newsletter and I encourage you to visit our website, www.COASN.org, for up to date information. You can also find the application for COASN

grant money and an updated application for the COASN School Nurse of the Year on the website.

I encourage each and everyone of you to get involved in your profes-

sional organization. We are all very busy and over extended at times, but it

Register NOW!



President's Report (cont.)

takes the cooperation of all for this organization to be successful. I became a member 7 years ago when I first became a school nurse. The organization has provided me the tools and networking needed to be an effective school nurse. It also provides the social interaction I was missing being an independent nurse.



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Yours in good health,

Carolyn Bernard
COASN President

As we welcome new members and veteran members, I encourage you to visit the website for the most up to date announcements and information and I challenge to become more involved in our organization. We hope to see you at our next COASN meeting and CNE

program in January. Thank you for all you have done and continue to do for our children.

Scholarship and Awards Committee

My name is Shanna Huber and I am the chair for the research and awards committee. I graduated with my ADN in 1995 and worked in the trauma and cardiac unit at Grant Medical Center and as a float nurse at Mount Carmel Medical Center. I decided I wanted to become a school nurse and went back for my BSN at the University of Phoenix and graduated in 2005. I worked at Childrens Hospital urgent care and primary care yellow team for a little over a year. My family moved to South Carolina where I received my first school nurse job and then we moved

back to Ohio and received a position as a school nurse for Columbus City Schools where I continue to work. I am currently in school for my MSN/Ed at University of Phoenix and anticipate graduation November 22, 2010! I am almost there!

I live in Dublin, Ohio and have a wonderful husband of ten years and three wonderful children. My kids are ages 9,8 and 6. I started running almost exactly one year ago and just completed my second 1/2 marathon. I

also enjoy hiking, biking, reading for fun (which I plan on doing after graduation!) and laying by the fire on snow days with my kids doing absolutely nothing!

COASN will be giving out two-\$250 scholarships this year.

Now for the committee news.....

A new application is posted on the website to nominate a school nurse for the COASN school nurse of the year award. A minimum of the application and one letter of recommen-

dition can be sent by mail or electronically to Shanna Huber no later than April 1, 2011. There are many school nurses doing wonderful things in the school and we want to recognize them!

COASN will be giving out two-\$250 scholarships this year. The form is on the website. Information on how to apply is on the application form. You must apply

by March 4, 2011 and winners will be notified by April 4, 2011. This is a great opportunity. You may call Shanna Huber at 365-5937 Monday through Friday with any questions.

Thank you,
Shanna Huber



Caption describing picture or graphic.

OASN Judy Harmon

OASN Board of Directors met 11/7/10 at STRS in Columbus Ohio 10am -3 pm

The following work groups met in the morning: Strategic planning, Survey to the Members, and Finance. I participated in the Survey workgroup.

David Mayhoor from Dental Access Now (UCHAN Ohio) presented a proposal for Dental Access Now. He discussed the lack of oral health care in Ohio. One of the biggest problems is that there is not enough dentists in the areas where they are needed the most. He is recommending expanding the dental care team to include "Dental Therapists", who can provide preventive dental services, cleaning, fillings, and simple extractions under the general supervision of a dentist. The type of program has been tested in Alaska. This program is being done in some areas of Ohio such as Lima. The Dental Association does not endorse this proposal. Discussion occurred as to whether another health care professional was needed or whether dental hygienists could receive further training and provide similar services. The board will review this proposal at a later time and decide whether to endorse it or not.

OASN "Proposal for Ohio Department of Education State school Nurse Liaison" was reviewed and it was decided to call the position School Nurse Consultant not Liaison. This position would alleviate the problem that there is no state school nurse consultant housed within ODE to give immediate on-site technical and

professional support for projects and consultation within the department.

The 13th annual conference of the OASN will be held March 3-6, 2011 at the Dayton Marriott. The theme is "The Art & Science of 21st Century School Nursing.: The Keynote speaker is Amy Garcia, executive Director of NASN. The cost is \$170 for members and \$225 for non members. The Endowment Event will be "A Night at the Museum" on March 4th 6:30 – 10:00 to be held at the Boonshoft Museum of Discovery in Dayton. The cost is \$65 with \$20 set aside as a tax deductible contribution of the OASN Endowment fund.

Gabi Karpowicz reported that the first online CEU offering will be "A Bug's Life".

Kate King reported from nominations that the VP position is still vacant.

COHAT – Kate King serves on the Children's Oral Health Action Team and reported that there is funding for alternative dental care providers and that this may be the impetus for Dental Access Now proposal.

Kate King has also been nominated to be on the Healthy Choices for Healthy Children Council.

Kate also attended a steering committee meeting for NEATO (Nurses Environmental Advocacy Team). The council has received a grant through OPHA to offer 2 workshops to nurses about envi-

ronmental health: one in Cleveland and one in Columbus in June.

NASN is open for nomination for NASN Fellow. NASN has launched the 1000 new members in 100 days.

OASN has had representation on the Ohio Tobacco Prevention Resource Control Group for several years. Unfortunately not all school districts are smoke-free. The ODH has a model policy and tips/resources on helping school districts to develop a policy. School nurses can go to <http://www.healthyohiprogram.org/ASSETS/F2E6D5A522F142CBBCB55F23EOB588/tfs09.pdf>

Membership report: Statewide membership declined 3.62% from September 09 to September 2010 with the Central region experiencing a 10.6% decline.

OASN will support NASN by sending a \$500 contribution so the organization can support ANA protecting the authority of the California Board of Nursing.

COASN Rep Judy Harmon

Position: COASN representative to OASN

Duties Include: Attending all OASN Board of Directors meetings, submitting reports of the region's activities and concerns, serving as a liaison between COASN and OASN, participating in the annual review of the OASN strategic plan, collecting and communicating

names of attendees to NASN national conference to NASN director, OASN president, and notifying COASN of potential regional donations that could be made to OASN and NASN for the upcoming fiscal year.

Background information: This is my 9th year as a school nurse for Columbus Public Schools. I work with middle school

students, hearing impaired and elementary medically fragile students. Other work experience includes: 18 years in public health managing the immunization and communicable disease surveillance programs and project LOVE!, and 4 years in CCU, ER, cardiac rehabilitation, industrial rehabilitation, orthopedics/sports medicine, and drug research.

COASN WINTER MEETING

Join us for dinner and CE event

Thursday January 20, 2011

Co-Providers of Education Program are OASN/ COASN

Contact hours will be provided by the Ohio Association of School Nurses (OH-253, 12/1/12), an approved provider of continuing education by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation OBN-001-91.

Drugs "R" Us: Shanna Huber RN, BSN, MSN/ED, Certified School Nurse will discuss the prevalence of drugs and alcohol use in school age children, drug classifications with physical findings, assessment tools, HEEADSSS interview process, emergency treatment and referral process.

When: Thursday January 20, 2011. Registration and Social time: 5:00 pm Dinner at 5:30 pm

Program 6:30- 8:00 pm

Where: Villa Milano located at 1630 Shrock Rd. Columbus OH. 43229 Phone: 882-2058

Menu: Dinner includes meat or vegetable lasagna, salad, dessert & beverages.

Questions??? Contact Debra Judy 614-476-4226 or djudy7256@columbus.k12.oh.us



Meet our Officers

Deb Judy, Vice President

This is my third year as Vice President of Programs. I have been a nurse for 30 years and a school nurse for 8 years. I enjoy planning our meetings and would love suggestions for speakers. I am a member of OASN and NASN and have been for 8 years and am grateful for all the support they offer.

Fall meeting

We had 63 members join us for dinner and a wonderful presentation at Villa Milanos on Oct. 13. Our speaker was Sgt. Boxill from the Columbus Police Dept. who was an excellent speaker and had great information regarding Criminal violence in our schools and neighborhoods.

Please join us in Jan. for our next meeting and dinner. It is a great time to relax and meet fellow nurses from Central Ohio.

Nancy Click, Pres.– Elect

Nancy is a Columbus City Schools nurse and is assigned to Linden McKinley STEM Academy grades 7 through 12. She has previously served COASN as the Membership Director for 2 years.

A native of Kentucky, Nancy graduated from the baccalaureate nursing program at Eastern Kentucky University. She received her Masters degree from Central Michigan University and the school nurse certificate from The Ohio State University. Nancy previously was the program manager of communicable diseases and immunizations at the Columbus Public Health Department and has held several positions at Riverside Methodist Hospital.

Nancy has two grown children, Robyn and Geoffrey. During summers, Nancy

enjoys spending time on Lake Cumberland and at the beach.

Liz Jones, Secretary

Hi! My name is Liz Jones. This is the third year that I will be secretary for COASN. Your usual term for this position is two years but I enjoyed it so much after the first two I volunteer for an additional two years. The other nurses on the board have been great and I find myself enjoying belonging as well as participating in my professional organization. As the secretary I take the minutes for all the meetings and take care of necessary correspondence. I am a school nurse with Columbus City Schools. I received my BSN and MSN at Capital University. I retired from full and part-time work at Doctor's Hospital Ohio Health after 24 years. I also work part-time at Columbus State Community College in the L.P.N. program.